

Remote Learning: Surviving and thriving when learning from home...

Information for Parents



Thank you for everything you are doing at home to support your child with their learning. The staff have been incredible, delivering learning in school and also at home and I am hugely grateful to each one of them. However, we are very aware that you, as parents and carers, have once again had a role landed upon you that presents huge challenges for your typical home life. Please be patient with one another and only do what you possibly can.

If you have any concerns, questions or general feedback that would help us, as we continue to develop our remote learning in the coming weeks, then please do not hesitate to contact us at familysupport@st-alloysius.co.uk

Our pupils have shown amazing effort and positivity this week. Thank you for your encouragement as they engage with learning from home. I know they will continue to thrive in the difficult weeks ahead.

Miss K Fenwick

Establish and maintain clear routines...

Remember to include:

- Prompt start to the day.
- Exercise breaks.
- Regular meals/drinks of water.
- Key number skills and daily reading.
- Make contact with friends.
- Have family conversations.
- Complete work set in a tidy space.
- Don't worry if your child falls behind a little – let their teacher know as soon as possible and they will help get them back on track.

	Morning Sessions			Afternoon Session
Monday	Physical Activity - Joe Wicks/Active 15 @ Aloysius	English Activity	Maths Activity	Geography Activity
Tuesday	Physical Activity - Joe Wicks/Active 15 @ Aloysius	Phonics Video/Activity	English Activity	Science Activity
Wednesday	Physical Activity - Joe Wicks/Active 15 @ Aloysius	Phonics Video/Activity	Maths Activity	PSHE Activity
Thursday	Physical Activity - Joe Wicks/Active 15 @ Aloysius	Phonics Video/Activity	English Activity	RE Activity
Friday	Physical Activity - Joe Wicks/Active 15 @ Aloysius	Phonics Video/Activity	Maths Activity	Choosing Activity Card

Use the weekly overview to see what work is expected each week. Your child's teacher has included a timetable on their Google Classroom as a suggestion for you.



Year 1: My Learning Newsletter!

A message from your teachers...

Other curriculum focus...

Phonics/ Spelling/ Sounds Write - 'ou/ew/au/ai/oi' sound

R.E. (Monday PM): Special People

Science (Tuesday PM): Materials

History (Wednesday PM): Diary Entry

PSHE: (Thursday PM) -

Choosing Activity (Friday PM)

Daily exercise with Joe Wicks and Fitness Factor @ Aloysius

Maths

Lesson 1: To compare groups of objects.

Lesson 2: To compare numbers.

Lesson 3: To order groups of objects.

Your Google Meet Timetable

Group 1: Monday 9am
Group 2: Monday 10pm
Group 3: Monday 11am

Group 1: Wednesday 9am
Group 2: Wednesday 10am
Group 3: Wednesday 11am

Help them manage their wellbeing and make time for yourself too...

Your child will be invited to two face to face sessions each week via Google Meet. The link will be placed on their class stream just before the meeting is scheduled. Please be online and ready to access the meeting once the link is posted.

All our pupils will be desperately missing the social interaction school provides. We want to support them as best we can. These meetings give your child a chance to see some of their peers and their class teacher; keeping connections strong and bringing the familiarity of school into your homes.

How can you support your child's mental health if you are not making time for your own wellbeing? As parents, remember to take time for yourselves, even if it's only a few minutes within a busy day.



Remember to:

- Listen to concerns – you don't need to have all the answers.
- Encourage them to keep in touch with their friends.
- Praise their effort with remote learning, celebrate small successes.
- Send photographs in via Google Classroom so that your child knows their work is valued and looked at.
- Try to include activities away from the screen, such as baking, drawing, writing.
- Value the potential of 'play time' together.

Keep up with their reading, writing and key number skills...

Remember to:

- Practice daily counting, number bonds and times tables as advised by your child's class teacher.
- Encourage children to read every day, even if it's only a few pages of a book. Read to them often.
- Keep children writing as well as typing!
- If your child has been given login details for Lexia, Reading Plus, Times Table Rocksters etc – make sure they are accessing this resource often while at home.